



DIVORCE · SEPARATION · RELATIONSHIP LOSS

You don't have to start over alone.

A 10-week seminar, and a community of people rebuilding right beside you, exactly as you are.

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I've made great friends and connected to a supportive community that will stay with me for years.

MELANIE · REBUILDING GRADUATE

4.96 ★ 293 reviews

SERVING COLORADO SINCE 1993 · 3,000+ ALUMNI

TURN OVER TO SEE HOW TO BEGIN →

WHAT REBUILDING SEMINARS IS

Healing. Growth. Community.

Recovering from the end of a relationship is tough, but you don't have to do it alone. Rebuilding Seminars speeds your recovery from divorce or separation through a structured, 10-week evening program designed to help you heal, rebuild your confidence, and step into your next chapter with strength.

WHY JOIN OUR COMMUNITY?

- **The Fisher Model:** Built on Dr. Bruce Fisher's globally recognized, proven rebuilding framework.
- **Therapist-Led Guidance:** A safe, structured space to process your transition.
- **A Built-In Network:** Connect instantly with a supportive, non-judgmental group of peers who truly understand what you're going through.

MOVE FORWARD, TOGETHER

True healing happens in community. Beyond the classroom, your tuition includes facilitated social activities designed to help you break the isolation, practice new boundaries, and build a lasting network of lifelong friends.

You're not alone. Find your footing, reclaim your confidence, and build your new community today.



FREE 15-MINUTE CALL

720-600-2763

Or scan for a free, private self-assessment. No sign-up.

RebuildingSeminars.com

Led by **Bob Manthy, LPC** and **Kathy Decker, MA, LPC** · In-person groups in Boulder & Cherry Creek